

Sewell House Guidelines



1. *Always use soft words, even when you don't feel well.*
2. *Always display kind actions, even if you have been mistreated.*
3. *Show joyful attitudes even when no one is looking.*
4. *Have sincere motives with no thought of self-gain.*
5. *Think pure thoughts.*
6. *Always give a good report of others. Never talebear unless physical harm will come to someone. Use Matthew 18.*
7. *Never raise a hand to hit.*
8. *Never raise a foot to kick.*
9. *Never raise an object to throw.*
10. *Never raise a voice to yell.*
11. *Never raise an eye to scowl.*
12. *Use one toy/activity at a time.*
13. *Never let the sun go down on your wrath.
(Don't go to bed angry or guilty)*
14. *Amendment J.O.Y.
-Make serving your family a priority.
-Put Jesus first, Others second, Yourself last.*

Taken from [The Duggar Website](#)